



**WOODHALL SPA**

**BIKE HIRE**

# **Rider Information Pack**

Thank you for choosing Woodhall Spa Bike Hire. This information pack includes everything you need to make your day as enjoyable as possible.

# Information

Hire duration starts from your selected collection time slot and equipment must be returned no later than 5pm (4:30pm for Grange Leisure Park) on the last day of the hire period. Any late return will be charged at an additional day hire rate until the equipment is received back.

If you need assistance while on your hire please use our Primary Contact number.

07761 480922

# Bike Overview

Seat quick release adjustment

Lock



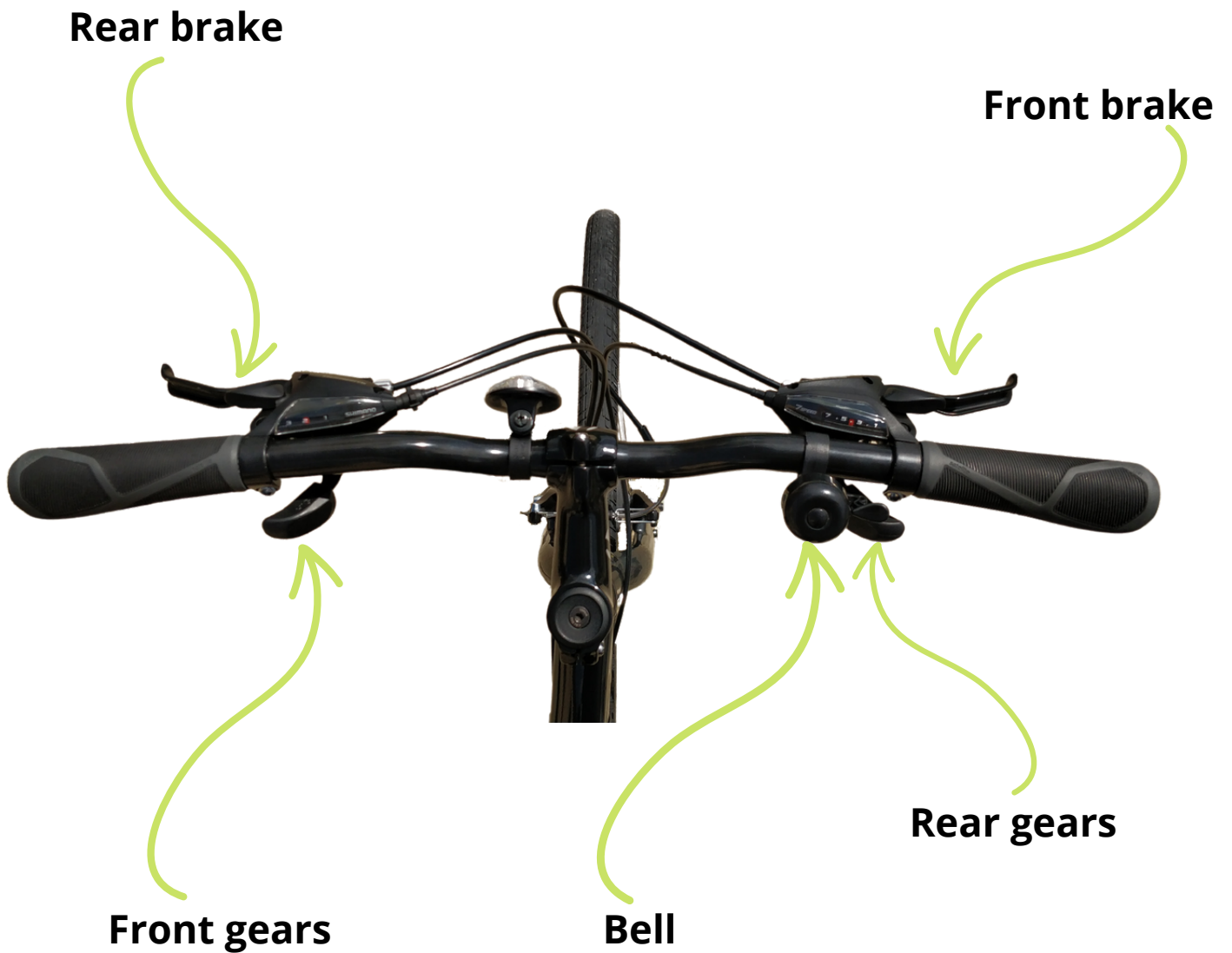
Spare  
Innertube

Tyre repair Kit

Rear wheel  
quick release

Front wheel  
quick release

# Controls



# Trail Guides

<https://www.woodhallspa.co.uk/local-trails>



# Locking your equipment

As the party leader you are responsible for the security of the equipment for the duration of the hire. We have supplied a bike lock with this rider pack which should be used while leaving the bikes unattended.

## Location

Always make sure that you are attaching the lock to an object that is secure. Make sure you don't attach your bike to something that can easily be broken, moved or lifted off.

It is preferable to choose an area where other people are around and are frequently walking past. Never leave it in an isolated place.

Lock near to other bikes – there is a decreased chance of thieves picking your bike as there will be easier targets around. Ideally the area should be well lit and covered by CCTV but we know this isn't always possible.

## Using your lock effectively

Always lock through the frame of a bike and depending on the amount of bikes on hire, if you have enough length go through the wheels too!

Remove any accessories if fitted.

# Apple AirTags

For added security we are installing Apple AirTags onto our bike fleet. We treat customer privacy very seriously and do not track a bike's location during hire.

We would only track a bike's location if it is reported as stolen or lost.

If you have an iPhone, iPad or iPod touch you may be alerted to the presence of the Airtag via a message on your device stating "AirTag Found Moving With You. The location of this AirTag can be seen by the Owner"

The AirTags will also chirp from time to time to alert you that it is present.

You can find more information about Apple AirTags from the url <https://support.apple.com/en-us/HT212227>

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# Changing an inner tube

It's unfortunate but sometimes you will pick up a puncture. No sweat, follow the steps below to swap out your punctured tube for the supplied replacement that comes with your bike. Changing an inner tube is a fairly simple operation but if there is no one in your party that feels confident enough to do this, please call us for help.

## 1. Remove wheel

Squeeze linear-pull calipers together and disengage rim brake cable



Rear wheel: shift derailleur to outermost gear and innermost front chain ring, this will give the most chain slack and make it easier to remove the wheel.



Disengage the Wheel from the frame by pulling the quick release skewer lever. If necessary, loosen quick-release adjusting nut to clear any tabs at the end of the fork.



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2. Remove and install tyre and tube from rim If not fully deflated already deflate tyre completely by depressing the inner tube valve

Push one bead of tyre toward rim centre. The tyre bead will be pressed tight against the rim. Pushing it inwards loosens the bead from the rim. Repeat on other bead.



Engage one tyre lever under the bead of tyre. Engage the second lever 1-2" (25-50mm) from the first lever then pull both levers toward spokes to lift the bead off the rim. Disengage one lever. Move it two inches (5cm) along the rim and engage the lever in the bead. Pull lever to lift the next section of bead off the rim. Repeat engaging the lever until the bead loosens. Then slide the lever along the rim under the bead.



Starting opposite the valve, pull the inner tube from tyre. Lift valve from valve hole and remove tube from the wheel.



It is important to inspect the tyre before installing the new tube. The cause of the flat, such as a nail, thorn or piece of glass, may still be embedded in the tyre or tread. Inspect both the outside of the rubber tread and the inside of the casing removing any objects where necessary.

Inflate the new tube enough for the tube to just hold its shape. Install tube inside of the tyre noting the directional arrows on the sidewall of the tyre. Arrows indicate rotation direction.

Lower tyre and valve into rim valve hole and align valve so it is pointing straight toward hub. A crooked valve can lead to a flat tyre later.



Install one bead at a time. Work tyre bead onto rim with hands. If the tyre bead will not seat by hand, use the tyre lever as a last resort. Use caution when using tyre levers to avoid pinching the inner tube. Engage tyre lever using same orientation as removing bead.



Work tube over rim sidewall and into rim cavity. Install second bead onto the rim.





Inflate to low pressure and inspect the bead again on both sides. If beads look aligned correctly inflate to full pressure using the hand pump.



### 3. Install wheel.

Check that the quick-release skewer lever is in open position and that brake quick-release mechanism is open. Install the wheel into the dropouts. Make sure the hub is fully seated in the frame or fork.

On a rear wheel, first pivot the derailleur back and place the smallest cog between the upper and lower sections of chain. Guide the wheel between the brake pads and engage the smallest cog on the chain.



Tighten the Quick-release axle so that the lever meets resistance at 90° from the frame or fork.

Determine final closing position of lever. Rotate the front lever and adjusting nut so the lever will end up just behind the fork. Position the rear lever so it falls between the chain stay and seat stays. Reposition the lever as necessary if it will not fully close. Re-engage brake release mechanism.

# General Hire Terms & Conditions

By completing online booking you agree to be bound by the following terms and conditions.

Any cancellation within 14 days of hire date will be non refundable. Bookings can be accepted up to 24hrs before hire period, any cancellation within this period is non refundable

The person signing the Hire Agreement Form will be held financially liable for any loss or damage to the equipment hired and is fully aware of these terms and conditions.

The hirer hereby warrants and undertakes that they will further protect the interests of the bike and/or other equipment by ensuring that the bike is always locked to a fixed object when unattended. Even when locked it is the hirers responsibility to protect the welfare of the bike and/or equipment and not leave it unattended for extended periods of time.

The hirer warrants and undertakes that they will use the equipment in a safe and responsible manner and that they will not operate the bike or permit the bike to be operated whilst unfit through drink or drugs or with blood alcohol concentration above the limit prescribed for the time being by road traffic legislation.

The hirer agrees to pay on demand all fines and court costs including administrative fees for violations of local bylaws and all other legal violations assessed against the bike and hirer during the hire period.

As the hirer, you understand that any cycling activity involves a certain element of risk. You are advised that any person using Woodhall Spa Bike Hire Ltd equipment does so entirely at their own risk. Woodhall Spa Bike Hire Ltd does not accept any liability for personal injury, loss or damage to property beyond its legal obligation.

It is the responsibility of Woodhall Spa Bike Hire Ltd to ensure that the bicycle and/or other equipment is in proper working order before the hire takes place; this includes brakes, steering, tyres, drive shaft including pedals and any extras fitted such as child seats. If any problems are noticed then this should be reported immediately where the issue will be rectified or another bicycle issued.

Helmets are available for every bike hire, we strongly recommend everyone wears a helmet, by signing the helmet disclaimer on the hire agreement form, you and everyone in your group assume full responsibility for any accident, injury or death which should occur as a result of taking this decision. Children under 12 years old must wear a helmet.

We advise that you do not ride without personal and third party liability insurance.

Everyone must declare that they are in good health and that their eyesight is up to a good standard. That you are not suffering from any medical condition or disability which is likely to adversely affect their normal control of the bicycle.

All equipment will only be used in the manner for which it is intended. Bicycles must not be used on a beach, in the sea or immersed in water.

You will not use "The Bicycle" for jumps, or carrying passengers, unless children with Woodhall Spa Bike Hire Ltd supplied child seats. Children should always be supervised by an adult.

Unless previously agreed with Woodhall Spa Bike Hire Ltd, you will ensure that you will be present for scheduled delivery and collection timeslot.

Hire duration starts from your selected collection time slot and equipment must be returned no later than 5pm on the last day of the hire period. Any late return will be charged at an additional day hire rate until the equipment is received back.

We reserve the right to refuse hire if any of the conditions of hire are not met.